

## ABSTRACT OF THE DISCLOSURE

In a method for dynamically adjusting a vehicle component, a characteristic variable which influences the behavior of the vehicle component can be varied automatically or manually while traveling. A state variable which characterizes the behavior of the driver is first determined directly after a change in the characteristic variable, and the determined state variable is then compared with a setpoint variable. The change in the characteristic variable of the vehicle component is at least partially reversed if the state variable exceeds the setpoint variable.